

競技日程

招集開始	招集完了	競技開始時刻	競技名	参加人数	組数
9:10	9:20	9:30	M25-50 8 0 0 m	11	1
9:20	9:30	9:40	M55-80 8 0 0 m	15	1
9:30	9:40	9:50	W25-50 6 0 m	7	1
			W55 6 0 m	3	1
			W60-85 6 0 m	6	1
9:40	9:50	10:00	M25 6 0 m	3	1
			M30 6 0 m	5	1
			M35 6 0 m	3	1
			M40 6 0 m	6	1
			M45 6 0 m	8	1
9:55	10:05	10:15	M50 6 0 m	12	2
			M55 6 0 m	14	2
			M60 6 0 m	8	1
			M65 6 0 m	7	1
			M70 6 0 m	5	1
10:20	10:30	10:40	W35-70 4 0 0 m	8	1
			M40-45 4 0 0 m	8	1
			M50 4 0 0 m	5	1
10:40	10:50	11:00	M55 4 0 0 m	9	2
			M60-65 4 0 0 m	5	1
			M70-75 4 0 0 m	6	1
11:00	11:10	11:20	M40-80 3 0 0 0 m	16	1
11:30	11:40	11:50	W35-45 2 0 0 m	7	1
			W50-55 2 0 0 m	5	1
			W60-70 2 0 0 m	4	1
11:40	11:50	12:00	M25-30 2 0 0 m	7	1
			M35 2 0 0 m	4	1
			M40 2 0 0 m	7	1
			M45 2 0 0 m	5	1
			M50 2 0 0 m	16	2
			M55 2 0 0 m	5	1
12:00	12:10	12:20	M60 2 0 0 m	7	1
			M65 2 0 0 m	7	1
			M70-75 2 0 0 m	7	1
			M80-85 2 0 0 m	6	1
12:15	12:25	12:35	M45-75 3 0 0 0 mW W60-85 3 0 0 0 mW	17	1
12:45	12:55	13:05	W25-40 1 0 0 m	4	1
			W45 1 0 0 m	7	1
			W50 1 0 0 m	4	1
			W55 1 0 0 m	5	1
			W60-100 1 0 0 m	5	1
13:00	13:10	13:20	M25 1 0 0 m	6	1
			M30 1 0 0 m	6	1
			M35 1 0 0 m	11	2
			M40 1 0 0 m	21	3
			M45 1 0 0 m	22	3
13:30	13:40	13:50	M50 1 0 0 m	25	4
			M55 1 0 0 m	27	4
			M60 1 0 0 m	23	4
			M65 1 0 0 m	19	3
14:10	14:20	14:30	M70-75 1 0 0 m	8	1
			M80-85 1 0 0 m	6	1
14:20	14:30	14:40	M30-70 5 0 0 0 m	17	1
14:50	15:00	15:10	M30-50 1 5 0 0 m	15	1
15:00	15:10	15:20	M55-80 1 5 0 0 m	15	1